

Having Angioplasty/Stent

Patient Information

Cardiac Catheter Laboratory

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Introduction

Please make arrangements for your transport to and from the hospital prior to the day of your test.

Patients who take Warfarin, Synthrome or a direct oral anticoagulant such as Rivaroxaban (Xarelto), Edoxaban (Lixiana), Apixaban (Eliquis) or Dabigatran (Pradaxa) need to follow specific instructions given at the pre-admission clinic. **DO NOT STOP TAKING ANY OF THESE MEDICATIONS UNLESS YOU HAVE BEEN GIVEN INSTRUCTIONS TO DO SO.** If you are in any doubt, contact the Cardiac Catheter Laboratory on 01942 773392.

- **If you are a Diabetic on Metformin** – please **do not** take it on the day of your procedure. You will be advised when to restart them by the doctor or nurse after the procedure.
- **If you are on insulin** please take as normal.
- You will be contacted prior to your appointment date to confirm covid swabbing and post swab procedure.
- If the procedure is from your right groin, please shave this the night before.
- You will be welcomed onto the unit by a nurse who will check your details are correct; the nurse will also record your blood pressure and pulse.
- A gown and paper pants will be provided for the procedure.
- One of the doctors will see you and explain the procedure to you and ask you to sign a consent form.
- When it is time for your procedure a member of the team will escort you to the Catheter Laboratory.
- You will be in the Catheter Laboratory for approximately one to two hours.

After your Angioplasty/Stent

- The catheter entry site will determine the recovery time. You will be taken to the recovery area where depending on the closure device you will be able to sit up immediately or will have to remain flat for two hours. The closure device will be determined by the consultant performing your procedure.
- Please make arrangements for your transportation home.

At Home

- You will be given discharge instructions from the Cardiac Catheter Lab team. For the 48 hours following the procedure we advise you to rest. Do not do anything strenuous i.e. lifting or hoovering. You may eat as normal.

- If you are on Metformin **do not** take it **until two days** after the procedure unless otherwise instructed. You may get some slight bruising around the puncture site; this is acceptable as long as it is not swollen or painful.
- If you are taking Warfarin or other anti-coagulant, this will be re-commenced by the ward staff as advised by the cardiologist
- If there is any bleeding from the puncture site you need to apply pressure to the area and telephone for an ambulance immediately which will take you to the nearest casualty department. The same applies if you get a large swelling or a lot of pain at the puncture site.
- After 48 hours you can slowly resume your normal activities.

Contact telephone numbers

Cardiac Catheter Lab: 01942 773392 or 01942 773393

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan WN1 2NN

Ask 3 Questions

Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?



How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our “how we use your information” leaflet which can be found on the Trust website: https://www.wwl.nhs.uk/patient_information/leaflets/

This leaflet is also available in audio, large print, Braille and other languages upon request. For more information please ask in the department/ward.

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