

Useful contacts

Macmillan Cancer Support

www.macmillan.org.uk

Macmillan support line: 0808 808 00 00
Monday – Friday 9am to 8pm

Wigan and Leigh Hospice

Kildare Street
Hindley
WN2 3HZ

Tel: 01942 525566

www.wlh.org.uk

British Dietetic Association (BDA)

www.bda.uk.com

Local Community Pharmacy

Your local community pharmacies offer a wide range of services including information and general advice on symptom relief medicines as well as a prescription collection and delivery service.

Comments, Compliments or Complaints

The Patient Relations/Patient Advice and Liaison Service (PALS) Department provides confidential on the spot advice, information and support to patients, relatives, friends and carers.

Contact Us

Tel: 01942 822376 (Monday to Friday 9am to 4pm)

The Patient Relations/PALS Manager
Wrightington, Wigan and Leigh NHS Foundation Trust
Royal Albert Edward Infirmary
Wigan Lane
Wigan WN1 2NN

Ask 3 Questions



Become more involved in decisions about your healthcare. You may be asked to make choices about your treatment. To begin with, try to make sure you get the answers to three key questions:

1. What are my options?
2. What are the pros and cons of each option for me?
3. How do I get support to help me make a decision that is right for me?

How We Use Your Information

For details on how we collect, use and store the information we hold about you, please take a look at our “how we use your information” leaflet which can be found on the Trust website:

http://www.wvl.nhs.uk/patient_information/leaflets

This leaflet is also available in audio, large print, braille and other languages upon request.
For more information please ask in department/ward.

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Nutrition and Dietetics

Macmillan Allied Health Professionals Team

Patient and Carer Information

In conjunction with

**WE ARE
MACMILLAN.
CANCER SUPPORT**



Wigan & Leigh Hospice

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Who we are

Dietitians are members of a group of health workers called allied health professionals.

The Macmillan Allied Health Professionals Team based at Wigan and Leigh Hospice includes a Dietitian.

Our role

To assess, treat and advise on any dietary and nutritional problems you have.

Our aims

- To listen and offer support and advice.
- To enable you to identify realistic goals to maintain or maximise your nutritional health and quality of life.
- To prevent any potential problems with your nutritional health.
- To equip you with skills and knowledge to enable you to self-manage your symptoms.
- To reassess and re-evaluate your changing needs.

What we do

With your agreement we will ask questions about a range of topics which may include:

- Medical history and diagnosis
- Current medication and treatments
- Usual and current weight
- Food and fluids intake
- Family and support.

We may need to weigh you and measure your height. We may also look at your hands, ankles and face for any signs of nutritional deficiencies.

We will explain fully and clearly the advantages and disadvantages of the options available to you.

All our contact with you will be with your consent.

Our treatments

Together we will agree an individual treatment plan to address your needs; this may include:

- Advice and support.

- Management of symptoms such as poor bowel function, weight loss, altered body image, nausea and vomiting, taste changes and dry mouth.
- Information on managing your nutritional health and to help improve your quality of life.

With your consent we will involve your carers and family with the treatment plan if needed.

How to contact us

If you have any questions or queries, which we have not covered in this leaflet, please contact:

Macmillan Allied Health Professionals Team

Address:

Wigan and Leigh Hospice
Kildare Street
Hindley
WN2 3HZ

Telephone number: 01942 525566

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